**Values**

Values are ideas that are important to you. They help you pick goals that you can work on. Some families argue about money because their values are different. Read over the list below. Put a check mark to show how important each item is to you. Use the blank space for things you have value that re not on the list.

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| --- | --- | --- | --- | --- |
|  | Very Important | Important | Not Important | Don’t Know |
| Religion |  |  |  |  |
| Education |  |  |  |  |
| Traveling |  |  |  |  |
| Saving money |  |  |  |  |
| Spending money on family |  |  |  |  |
| Health |  |  |  |  |
| Food |  |  |  |  |
| Going to the movies |  |  |  |  |
| Spending money on friends |  |  |  |  |
| Saving money for college |  |  |  |  |
| Fun |  |  |  |  |
| Brand-name clothes |  |  |  |  |
| Sports |  |  |  |  |
| Job |  |  |  |  |
| Money |  |  |  |  |
| Jewelry |  |  |  |  |
| Hanging out with friends |  |  |  |  |
| Driving a new car |  |  |  |  |
| Having the latest technology |  |  |  |  |
| Music |  |  |  |  |
| Investing for the future |  |  |  |  |
| Giving to charity |  |  |  |  |
| Cable TV |  |  |  |  |
| Study Abroad |  |  |  |  |
| Living debt-free |  |  |  |  |
| Physical Appearance  |  |  |  |  |
|  |  |  |  |  |
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